

# Evidence of helical states in bismuth

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Bismuth is possibly the first discovered Second-Order Topological Insulator, a relatively new state of matter characterized by topologically protected helical states, i.e. counter-propagating 1D states whose spin orientation is locked to the propagation direction. Such states open many possibilities, from dissipationless charge and spin transport to new avenues for quantum computing. Connecting bismuth nanowires to superconducting contacts has revealed the ballistic character of the Andreev Bound States, suggesting topological protection [1,2]. We have also found the tell-tale high frequency signature of protected Andreev level crossings, a peaked absorption at phase  $\pi$  [3]. More recently, through the statistical distribution of the switching current of a bismuth nanoring Josephson junction, we have determined that pairs relax relatively slowly compared to quasiparticles, an indication that helical states with opposite helicity are physically separated, a key feature of Second-Order Topological Insulators [4]. Finally, I will address the role played by helical states in generating non-reciprocal effects in bismuth, in the form of bilinear magnetoresistance in the normal state and Josephson diode in the superconducting state [5].

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## References

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