# Comprehensive Understanding of Bio-nano Interactions-A challenge for future applications of nanoparticles in medicine

# Valbona Aliko 1,2

Caterina Faggio<sup>2</sup>, Ledia Vasjari <sup>1,2</sup>, Eldores Sula<sup>4,2</sup>, Gerta Hajdaraj<sup>1,2</sup>, Blerta Turani<sup>5,2</sup>, Marsilda Memaj<sup>1,2</sup>

- <sup>1.</sup> Department of Biology, Faculty of Natural Science, University of Tirana, Boulevard Zogu I, 1001 Tirana, Albania.
- <sup>2.</sup> Nano-Alb, Academy of Sciences of Albania, Sheshi "Fan Noli", No 7, 1001 and Tirana, Albania
- <sup>3.</sup> University of Messina, Department of Chemical, Biologichal, Pharmaceutical and Environmental Sciences, Messina, Italy.
- <sup>4.</sup> University Aldent, Department of Laboratory technicians and Imaging, Tirana, Albania.
- <sup>5.</sup> High Professional University College "Qirjazi", Department of Food Technology, Tirana, Albania.

valbona.aliko@fshn.edu.al

### **Abstract**

In addition to the great contribution that large scale production and remarkable progress in developing newer nanomaterials, the field of nanotechnology holds great promise for revolutionizing biomedicine. The uniqueness of nanoparticle physico-chemical properties suggests that their interactions with cells and tissues may be unpredictable. Having comparable dimensions, man-made nanoparticles and cellular molecular machines, a possible direct interactions and/or interference of nanoparticles with cellular vital mechanisms can be revealed. In order to design intelligently and use safely and effectively nanomaterials, a holistic understanding of bio-nano interactions is needed. Here, a review of our research in designing a battery of reliable, low cost and specific biomarkers of nanotoxic effects to unearth the mechanisms of bio-nano interactions, is shown. Furthermore, potential opportunities and challenges in applying of these biomarkers in the study of bio-nano interfaces are also provided.

## References

- [1] Sula, E., Aliko, V., Pagano, M., Faggio, C. 2020. Digital light microscopy as a tool in toxicological evaluation of fish erythrocyte morphological abnormalities. Microscopy Research Technique, 83(4): 362-369.
- [2] Aliko, V., Qirjo, M., Sula, E., Morina, V., Faggio, C. 2018. Antioxidant defense system, immune response and erythron profile modulation in gold fish, *Carassius auratus*, after acute manganese treatment. *Fish and Shellfish Immunology*, 2018: 76:101-109. Doi: 10.1016/j.fsi.2018.02.042.
- [3] Aliko, V., Faggio, C., Hajdaraj, G., Caci, A. 2015. Copper induced lysosomal membrane destabilisation in haemolymph cells of crab (*Carcinus aestuarii*, nardo, 1847) from the Narta Lagoon (Albania). *Brazilian Archives of Biology and Technology*, 58 (5): 750-756. Doi: 10.1590/S1516-89132015050244

# **Figures**

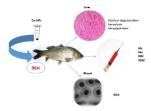


Figure 1. Battery of biomarkers of effects to assess toxic effects of nanoparticles.