Synthesis of water soluble fluorinated gold nanoparticles and *in vivo* 19F MRS.

Mónica Carril

Juan Manuel Arango, Jorge Blanco, Sonia López-Fernández, Daniel Padro, Pilar Castellnou, Abraham Martin

Instituto Biofisika UPV/EHU, CSIC, Barrio Sarriena s/n, E-48940, Leioa, Bizkaia, Spain. Ikerbasque, Basque Foundation for Science, 48013, Bilbao, Spain

monica.carrilg@ehu.eus

Organic fluorine is not naturally occurring in human biological media for which it constitutes an interesting label or reporter. The absence of background signal allows for fluorinated species to be studied unequivocally and quantitatively magnetic resonance (MR) techniques [1,2], as long as sufficient local fluorine concentration is available. In this sense, ¹⁹F Magnetic Resonance Imaging (¹⁹F MRI) based on imaging exogenous fluorinated probes, is a versatile diagnosis technique complementary to conventional ¹H MRI. However, the applicability of 19F MRI is currently limited by the detection sensitivity of the MRI technique and the need for high local concentration of fluorine, for which the design of highly fluoringted probes is an active field of research. Despite its interesting features, the prospects of fluorine in nanoparticle (NP) design for nanomedicine are somehow limited by several reasons, namely, the (i) hydrophobicity of fluorinated molecules, (ii) the sometimes challenging synthesis of those, (iii) the need of high local concentration of fluorine for magnetic resonance (MR) applications and (iv) the usually poor relaxation times due to NP structural design. Thus, examples of fluorinated NPs composed of a metal core and fluorinated ligands that are water soluble are scarce in the literature. Herein, two methodologies are presented for their preparation: (i) a direct synthesis method using ad hoc prepared fluorinated ligands [1-3] and (ii) a fluorine labelling strategy based on the conjugation of custom made small fluorinated building blocks, obtained by simple synthetic transformations, carboxylated gold NPs through convenient phase transfer process. For the latter method, the synthesis of four fluorinated building blocks with different chemical shift in 19F

nuclear magnetic resonance and varied functionalities is presented, along with their conjugation onto NPs. Following these two synthetic methodologies, fluorinated NPs of small core size with very high (above the average) transverse relaxation times ranging from 518 to 1030 ms and fluorine atoms per NP of up to 1260 atoms are obtained. Such T₂ and fluorine content values are challenging to achieve in fluorinated probes and make these NPs potential candidates for 19F magnetic resonance related applications. Finally, nontargeted fluorinated NPs were probed in vivo by ¹⁹F magnetic resonance spectroscopy (¹⁹F MRS) in mice. NPs were clearly detected both at 1 hour and 2 hours after being injected and their fate was studied by analysing the gold content in tissues by ICP-MS.

References

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Figures

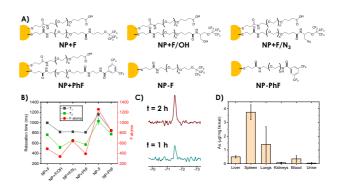


Figure 1: A) Fluorinated NPs prepared. B) Plot of relaxation times and number of fluorine atoms. C) *in vivo* ¹⁹F MRS at 1 and 2 hours. D) ICP-MS analysis of extracted tissues and organs.